

Book review

Arthroscopic Techniques of the Shoulder: A Visual Guide

Editors: Tal S. David and James R. Andrews

Bibliographic Data: ISBN 978-1-55642-838-8; Published by: SLACK Incorporated, NJ, USA, 2009, 175 pages

Subjects: Techniques of arthroscopic shoulder surgery.

DESCRIPTION: A unique reference for the techniques of arthroscopic shoulder surgery including surgical goals, illustrative instructions of the techniques, tips, pearls and pitfalls that offers opinions and preferences and also current bibliography, reference by multiple contributors from USA.

PURPOSE: The editors are aiming to teach how to perform the arthroscopic procedures by providing detailed knowledge for every arthroscopic procedure used in the modern shoulder surgery by giving the description of surgical goals, step-by-step instructions of each technique and advices of the contributors about the procedure.

AUDIENCE: Orthopedic residents, fellows, practicing orthopedic surgeons and even experienced clinicians involved with sports injuries and arthroscopic surgery of the shoulder may benefit "Arthroscopic Techniques of the Shoulder"

FEATURES: There are 14 chapters including bibliography and references at the end of each chapter and an index. Subjects of the chapters are: "Positioning: Beach Chair and Lateral Decubitus; Portals; Subacromial Decompression; Distal Clavicle Excision; Rotator Cuff Repair: Bridging Suture Techniques; Arthroscopic Subscapularis Repair; Rotator Cuff Repair: Massive Tears;

Superior Labral Repair; Anterior Labral Repair (Bankart); Capsular Implication (Plication); Arthroscopic Capsular Release; Coracoplasty; Arthroscopic Biceps Tenodesis".

ASSESSMENT:

Almost every minimal invasive procedure used in the current shoulder surgery is included in the text as a subject of a chapter. Each chapter breaks down a specific operative technique into easy to understand steps enhanced with photos. Chapters are designed in a unique, highly organized, richly illustrated presentation including precise instructions in the form of an illustrative guide of the surgical technique makes the text easier to read and learn resembling an alongside educative session in the operating room by an expert.

A current resource for the arthroscopic shoulder surgery presents detailed knowledge on surgical techniques including goals of the surgery, step-by-step instructions of the surgical procedure which are detailed by photos taken with the scope, lots of pictures and figures. Each topic designed as a chapter is presented by a different expert of arthroscopic shoulder surgery from USA sharing his experience and advices with the audience in the form of "tips and pearls or pitfalls" also are including bibliography and references at the end.

Reviewed by: *M. Asim Baykan, MD, Orthopaedic surgeon, Acibadem Healthcare Group, Istanbul, Turkey*