

Book review

Cram Session in General Medical Conditions: A Handbook for Students & Clinicians

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Bibliographic Data: ISBN: 978-1-55642-948-4; 2012 by SLACK Incorporated, NJ, USA, 208 pages, soft cover (alk. paper), \$31.95.

Subjects: Medical Conditions.

Description: *Cram Session in General Medical Conditions: A Handbook for Students & Clinicians* is a succinct and descriptive quick reference that provides the rehabilitation professional with a very basic approach to understanding various general medical conditions. Supplemented by concise and user-friendly clinical information on the conditions, this book is the perfect resource for quick and “at your fingertips” facts.

Purpose: The goal of the book, as stated in the preface, is to serve as a refresher on the basics of general medical conditions, providing the quick and useful information necessary to understand each condition, especially those that may not be seen every day.

Audience: All students and clinicians in athletic training, physical therapy, occupational therapy, orthopedics, and sports medicine will benefit from this book and find it useful.

Features: The book is 208 pages, divided into 13 chapters and chapters include over 125 general medical conditions. The following topics are addressed in the chapters: Chapter 1 is “Cardiovascular conditions”, Chapter 2 is “Pulmonary conditions”, Chapter 3 is “Neurological conditions”, Chapter 4 is “Endocrine and metabolic conditions”, Chapter 5 is “Hematological and oncological conditions”, Chapter 6 is “Gastrointestinal and hepatic/biliary conditions”, Chapter 7 is “Renal, urogenital, and reproductive conditions”, Chapter 8 is “Ear, nose, and throat conditions”, Chapter 9 is “Infectious disease”, Chapter 10 is “Dermatological conditions”, Chapter 11 is “Rheumatological conditions”, Chapter 12 is “Psychological conditions”, and Chapter 13 is “Ophthalmological conditions”.

Assessment: Each condition in the book includes the name of the condition, alternate names, description, causes, clinical presentation, symptoms, diagnosis, and management. Students may find this book useful as a primer or as a study guide for general medical conditions, while practicing clinicians may find it as a handy quick reference guide or refresher that can be useful when presented with conditions they do not commonly encounter.

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