Martindale's Drugs Restricted in Sport Pocket Companion 2009

**Editor:** Sean C. Sweetman  
**Subjects:** banned and limited drugs in sports

**DESCRIPTION:** Over 500 drugs restricted in sport presented in alphabetical order.

**PURPOSE:** To inform and alert the athlete about the potential problem of drug taking for any kind of reasons on and off during training and competition.

**FEATURES:** A comprehensive index of drug names, synonyms, medical usage, single and multi-ingredient preparations and trade (on occasion street) names of drugs from 40 countries worldwide (Martindale data). The classification of World Anti-Doping Agency (WADA) is added to the explanation of drugs limitation in sport in and out of competition. A glossary of common medical terms is also included.

**ASSESSMENT:** This pocket publication is a must-have list of restricted drugs for athletes, trainers, sports medicine professionals, in short for anyone in exercise physiology and human performance fields.

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