

Musculoskeletal Examination of the Shoulder: Making the Complex Simple

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Bibliographic Data: ISBN: 978-1-55642-912-5, 2011 by SLACK Incorporated, NJ, USA, 221 pages, hard cover: alk. paper. \$44.95.

Subjects: Physical examination of the shoulder, imaging of the shoulder joint, common conditions of the shoulder

DESCRIPTION: The book describes and discusses the examination and imaging of the shoulder joint, and focuses specifically on the prevention, diagnosis, treatment and rehabilitation of injuries due to sport, exercise, recreational activity, or trauma.

PURPOSE: The aim of this book is to provide those who evaluate and treat conditions of the shoulder, including instability, labral tears, rotator cuff tendinopathy, biceps tendon disorders, acromioclavicular joint problems, fractures, and arthritis, with the most up-to-date information. In particular, as the title describes, examination of the shoulder is thoroughly reviewed. Additionally, there is a chapter on imaging of the shoulder joint from the simple x-ray to the more complex imaging techniques.

FEATURES: The text is 221 pages, divided into 9 chapters in 3 sections. Section I is "Physical examination" including chapter about physical examination of the shoulder with basic and specific tests. Section II is "General imaging" including chapter about general imaging of shoulder joint. Section 3 is "Common conditions of the shoulder joint" including chapters about glenohumeral instability, superior labral tears, rotator cuff disorders, biceps tendon pathologies, acromioclavicular joint disorders, glenohumeral arthritis, and fractures/trauma.

AUDIENCE: Orthopaedic surgeons in sports medicine, sport medicine specialists, physiatrists, physical therapists and attendants, fellows and residents in these fields will be the main audiences.

ASSESSMENT: The book is taught in a user-friendly, clear format, while still providing necessary information for effective diagnosis and treatment of the shoulder joint. This easy-to-carry book provides a thorough review of the most common pathologic shoulder conditions, technique for diagnosis, as well as the appropriate treatment for each condition. The book contains clear, photographic demonstrations, tables, and charts thorough its pages.

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