

Sports Emergency Care: A Team Approach

Editor: Robb S. Rehberg.

Bibliographic Data: ISBN: 978-1-61711-005-4; 2013 by SLACK Incorporated, NJ, USA, 264 pages, soft cover, \$52.95.

Subjects: Life-threatening Injuries, Proper Management, Team Cooperation.

Description: *Sports Emergency Care: A Team Approach, Second Edition* provides the most proper management strategies of life-threatening injuries and illnesses. The book is an innovative text that addresses the specific educational needs of athletic training and emergency medical services students who are preparing to handle emergency medical situations in the sports arena.

Purpose: This book is intended to serve as a reference tool about the appropriate emergency care to a suddenly ill or injured athlete.

Audience: Beyond athletic training educators and athletic training students, this book will also assist all health care providers who play a role on the sports emergency care team.

Features: The book is composed of 15 chapters. Each

chapter has summary of key points, review questions, and essential references at the end. The following topics are addressed in the chapters: 1-“Introduction to sports emergency care”, 2-“Preparing for sports emergencies”, 3-“Assessment of sports emergencies”, 4-“Airway management and breathing”, 5-“Cardiovascular emergencies”, 6-“Management of spinal injuries”, 7-“Unconsciousness and seizures”, 8-“Management of traumatic brain injury”, 9-“Injuries to the thoracic region”, 10-“Abdominal and pelvic injuries”, 11-“Fractures and soft tissue injuries”, 12-“General medical emergencies”, 13-“Environmental emergencies”, 14-“Managing mental health emergencies”, and 15-“Emergency care considerations for the pediatric and youth athlete”.

Assessment: This book is a groundbreaking text that will familiarize students and athletic trainers with the emergency situations they will inevitably face throughout their careers. The updated second edition contains added introductory scenarios for each chapter, has new chapters on environmental emergencies and mental health emergencies, and reflects current practice and guidelines.

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